



Help Us Learn More About The Effects of Estrogen and Progesterone on the Anterior Cruciate Ligament and the Achilles Tendon

We are seeking females between the ages of 18-30. Who are:

- **Taking a monophasic birth control pill for at least the last 3 months.**
- **Participants should be active, non-smokers.**
- **Able to commit to Study duration of 1 month, which includes 9 visits to the GCRC.**

In this study, we hope to clarify the effect of birth control pills on both ACL laxity (stretchiness) and the extensibility of the Achilles tendon. Upon completion of the study, participants will receive \$120. If you are interested or know of someone interested in participating in the study please contact Paula Gendreau at (860) 679-8074 or Harriet Zawistowski at (860) 679-1658.

This research is being conducted by Thomas H. Trojian, M.D., Department of Family Medicine
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